





## Ramadan 2024 10<sup>th</sup> March – 8<sup>th</sup> April



- Ramadan is the holy month of Islam. Islam is one of the major world religions with 1.8 billion followers around the world. About 24.1 percent of the world population is Muslim, which is the term for people who follow the religion of Islam.
- Ramadan is believed to be the month in which the Quran, the religious book of Islam, was revealed to the prophet Muhammed.



#### **Fasting**

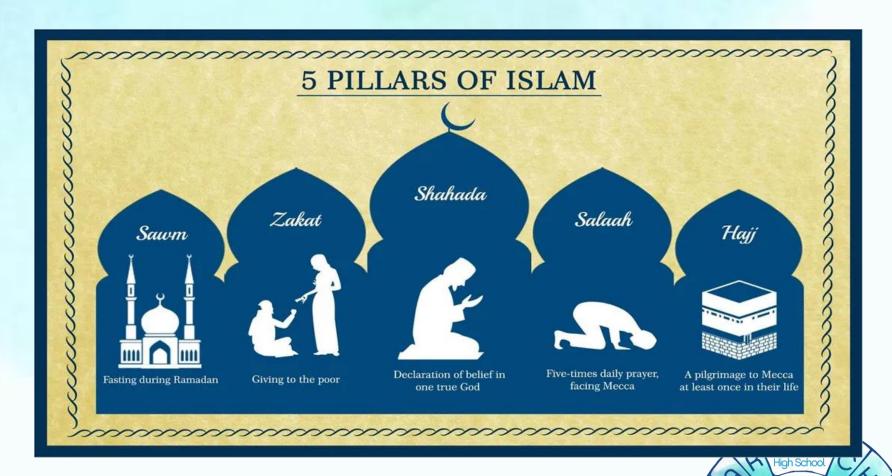
During Ramadan, Muslims over the age of 12 years fast. This
means that from sunrise until sunset, they do not eat or
drink. There are two meals during Ramadan. There is an
early meal before sunrise called *suhoor*. The fast is broken
with a nighttime meal after sunset called *iftar*.

#### **Prayer and Generosity**

 For Muslims, the month of Ramadan is a time to especially focus on faith, generosity, and charity. However these are embedded within the five pillars of Islam Zakaat (giving to charity) and Salaah which means this is something practiced by all Muslims at all times as well as during Ramadan.



Fasting during Ramadan is one of the five pillars of Islam, principles that all Muslims follow. However, all five pillars are particularly focused upon during this time.



 During Ramadan, some Muslims make make their pilgrimage or "Umra" to Mecca. According to the Quran, the holy book of Islam, Muslims must make a pilgrimage to Kaaba or the "House of God", in the holy city of Mecca in Saudi Arabia.

 After the last day of Ramadan, there is a three-day festival called Eid al-Fitr. Eid al-Fitr means the "Festival of Breaking the Fast." Families and friends gather together to celebrate







## What does Ramadan mean to our students?

- We do it so we can feel like the poor feel everyday (Aayan Year 10)
- It shows that you are grateful for everything you have everyday (Ali Year 11)
- Feel empathy for others, people who can't afford to feed themselves.
   (Zishan Year 8)
- Fasting helps cleanse your body and remove toxins (Shahan Year 10)
- Brings families and Muslims in the community together, people come to your house to break fast (Ashal- Year 11).
- It's a time when you try to get closer to God and your religion (Ali Year
   11)



## Common misconceptions

- You can't eat or drink at all for 30 days You can eat between sunrise and sunset.
- You are made to do it you want to do it for yourself and religion.
- It's all about fasting it's actually about charity, gratitude, brotherhood and community.
- We dread Ramadan "we don't we look forward to it."



# How can we support our Muslim students who are observing Ramadan?

"People need to know the reasons behind it"

- Discipline
- Gratitude
- Strength of faith

"Some people try to wind you up with food which isn't helpful."

"People asking too many questions"



#### **Lunchtime Reminders**

- Whirlaw Yard is not being used.
- You must enter the main building from the PE corridor.
- You must not access buildings where lessons maybe taking place use the PE toilets.
- Home-learning recovery is taking place in Jack's Diner
- You will need a pass to use the library / Ewood.



#### Student Voice

We value the opinions of our students and want to ensure we listen to your experiences in school so that we can consider your voice when making decisions.

Throughout the half term after Easter, you will receive several student voice surveys from your subject teachers as home learning via Class Charts.

These surveys provide you with the opportunity to positively contribute towards our school community.

Please take the time to complete these in a considered manner.

Once completed you will have the opportunity to be randomly selected to go for a meal at Nandos in the school day. You will receive 1 entry Into the prize draw per survey completed.



## Movement around school

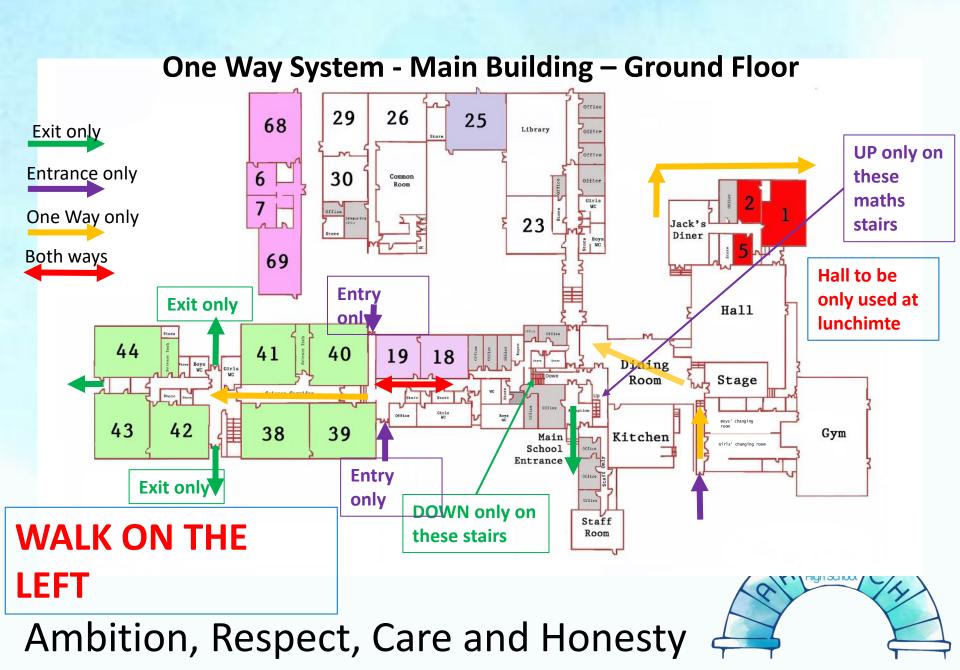


#### Routes around school 2023-24

Please always remember to do the following as you make your way around school.

- Remember to be in full uniform, with hoods down inside.
- Walk on the left.
- Walk with purpose, it shouldn't take any longer than 5 minutes to get anywhere!
- Follow the key entry/exit points to keep school as safe as possible.
- You must enter the Science block by the top doors. Outside the bottom of the Science block is out of bounds at all times.

Remember – if you are caught on your phone during the school day it will be confiscated until the end of the day.



## Reasons why we need this system

- To avoid crushes in key locations and keep students and staff safe.
- To keep everyone moving in a similar direction to make movement around school more expedient.
- To help students move calmly between lessons.
- To demonstrate our value of care for some of our students who find the school environment extremely stressful.

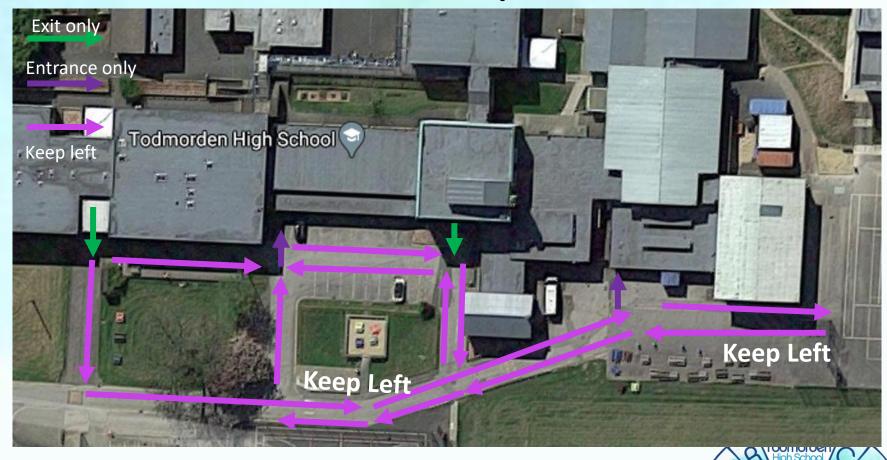




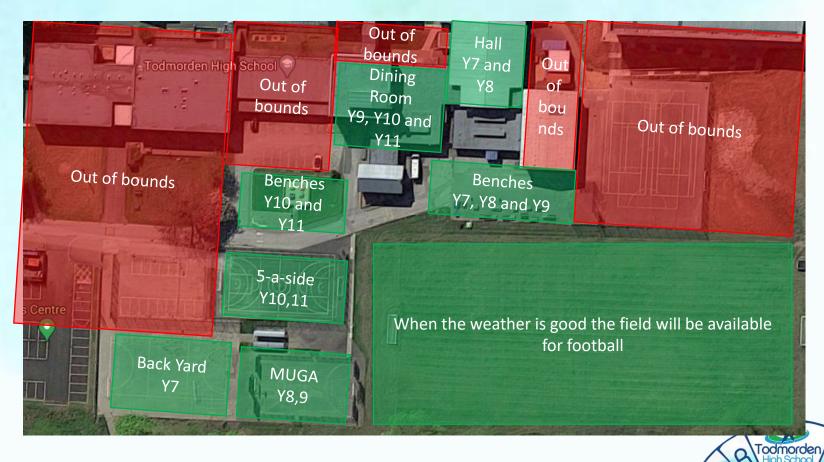




### Front of School – keep on the left



#### **Lunchtime Areas**



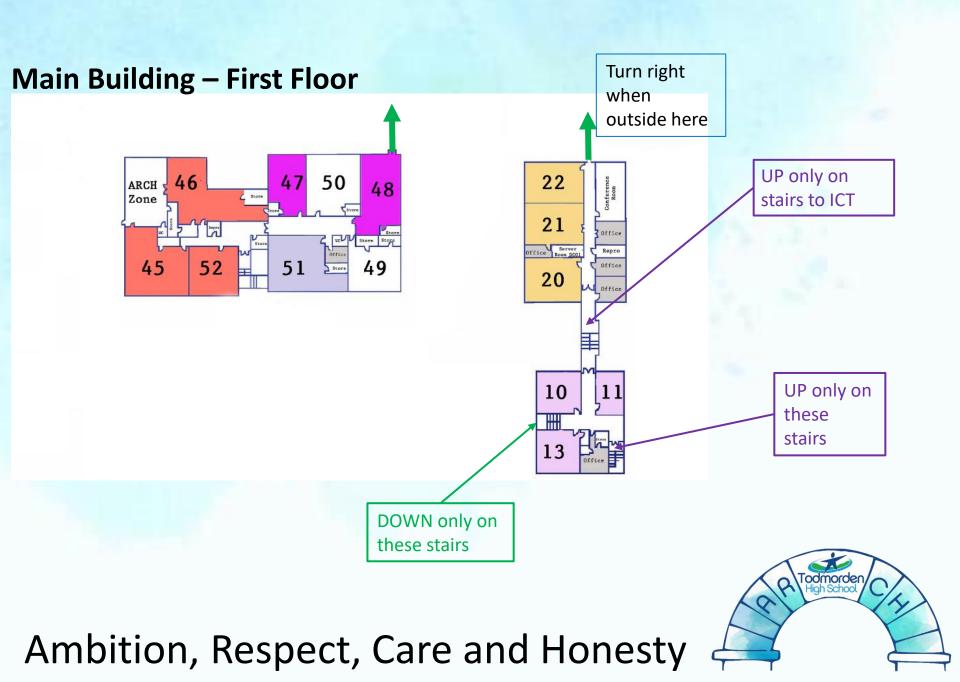
## **ARCH** updates

- We have a zero-tolerance approach to bullying and unkind behaviour at Todmorden High School.
- It is important that your feel happy and safe at school. If you don't, or you know someone that is struggling, please speak to a trusted adult in school.
- When you talk about other people, in person, or online, think about the three sieves test:
  - Is it true?
  - Is it good?
  - Is it useful?
- We are ambitious for all students at Todmorden High School, this isn't just about academic outcomes, but it is also about your personal development.
- We encourage you to get involved in opportunities around school. Do things that push you out of your comfort zone!
   We want to unlock your unique potential.









#### Ambition – High expectations for yourself, the community and wider world:

Arrive on time at the start of the day and to all sessions within the day.

Work to unlock your unique potential in all lessons.

Ensure all home learning is completed to the highest standard and handed in on time.

Have the highest expectations for yourself now and for your future.

#### Respect – Respect for yourself, the community and wider world:

Arrive in full and correct uniform every day.

Arrive with full and correct equipment every day.

Follow instructions given by staff without argument or delay.

Support a school environment that ensures everyone can unlock their unique potential.

#### Care – Caring for yourself, the community and wider world:

Move around the school in a calm manner, following the one-way system and walking on the left.

Approach lessons silently ready for silent retrieval.

Ensure we do not share actions and thoughts out of line with our values.

Ensure that mobile phones / smart watches are not seen, heard or used between dismissal in the morning and at the end of the day.

#### Honesty – Be true to your unique self, the community and wider word:

Remember to be honest about all our actions.

Accept that where mistakes are made sanctions will be undertaken without argument.

Positively contribute to an inclusive environment.

Always make staff aware when others do not uphold our values.



