



Curriculum Plan Key Stage 4 Sports Studies (GCSE)

Academic year: 2020/21		Head of department: Mr Duerden (p.duerden@todhigh.co.uk)	
Term 1			
Year 10		Year 11	
<p>The OCR Cambridge National in Sport Studies enables students to develop and apply knowledge of sports-related activities, with a particular focus on performing and officiating. The course explores contemporary issues in sport, different ways of being involved in the sports industry, and the impact of sport on wider society.</p> <p>The course has been chosen due to its practical and vocational nature. The course is assessed practically and theoretically through both coursework and examination units.</p> <p>Students will have 3 lessons per week. In the first year of the course, students will have 2 practical lessons and 1 theory-based lesson for the majority of the year. This will change close to the exam which will be sat in June of year 1.</p> <p>In term 1 students will study Unit R052: Developing sports skills (Practical Team & Individual sports). Assessment will be in the form of practical performances and an analysis of performance (written assignment).</p> <p>By completing this unit, students will develop their skills, techniques and use of tactics/strategies/compositional ideas in both an individual and a team sporting activity, as well as their understanding of the rules to allow them to act in a number of officiating roles within an activity.</p> <p>They will also consider the use of different practice methods in order to improve their performance. The unit builds upon the core themes of the National Curriculum for Physical Education in Key Stages 3 and 4 and offers learners the opportunity to refine and showcase skills developed as part of that programme of study.</p>		<p>In Year 2 there will be 1 practical and 2 theory based lessons. The unit-based lessons will vary from classroom to practical on a week by week basis depending on the progress made.</p> <p>In term 1 students will study Unit R053: Sports Leadership. Assessment will in the form of written assignments and practical leadership (coursework).</p> <p>By completing this unit, students will develop some of the knowledge, understanding and practical skills required to be an effective sport leader and plan, deliver and review safe and effective sporting activity sessions themselves.</p> <p>Students will be encouraged to consider and evaluate their coaching/leadership delivery and by doing so develop their ability to communicate with an audience verbally and through practical demonstration. Students will also develop the skills and knowledge to adapt to developing situations and the different needs and abilities of those they are leading.</p>	
Term 2			
Year 10		Year 11	
<p>In term 2 students will study Unit R051: Contemporary issues in sport (theory). This will be examined in June of Year 1.</p> <p>By completing this unit, students will explore a range of topical and contemporary issues in sport, relating to participation levels and barriers, the promotion of values and ethical behaviour through sport and the role of high-profile sporting events and national governing bodies in advancing sports' attempts to positively impact upon society and showcase their worth beyond providing entertainment.</p>		<p>In term 2 students will study Unit R056: Developing knowledge and skills in outdoor activities. Assessment will in the form of written assignments (coursework) and practical performances in two outdoor activities.</p> <p>By completing this unit, students will develop their knowledge and understanding about the range of outdoor activities that are available in the UK and be able to identify organisations that provide access to these activities. Students will develop an appreciation of the reasons why people become involved in these activities and the risks they face when participating.</p> <p>Students will learn how to plan an outdoor activity and be able to participate in two. They will gain an understanding of health and safety and risk assessments in outdoor scenarios, of detailed planning for a group activity with multiple variables, and they will develop their communication.</p>	

Term 3	
Year 10	Year 11
<p>In term 3 students will continue to study Unit R051: Contemporary issues in sport (Theory). This will be examined in June of Year 1.</p> <p>By completing this unit, students will continue to explore a range of topical and contemporary issues in sport, relating to participation levels and barriers, the promotion of values and ethical behaviour through sport and the role of high-profile sporting events and national governing bodies in advancing sports' attempts to positively impact upon society and showcase their worth beyond providing entertainment.</p>	<p>In term 3 students will continue to complete Unit R056: Developing knowledge and skills in outdoor activities. Assessment will in the form of written assignments (coursework) and practical performances in two outdoor activities.</p> <p>By completing this unit, students will develop their knowledge and understanding about the range of outdoor activities that are available in the UK and be able to identify organisations that provide access to these activities. Students will develop an appreciation of the reasons why people become involved in these activities and the risks they face when participating.</p> <p>Students will learn how to plan an outdoor activity and be able to participate in two. They will gain an understanding of health and safety and risk assessments in outdoor scenarios, of detailed planning for a group activity with multiple variables, and they will develop their communication.</p>

Homework/revision	
Year 10	Year 11
<p>Homework in Sports Studies is set no more than once a week.</p> <p>Revision is encouraged throughout the Contemporary Issues In Sport unit (R051). Revision materials will be provided in Term 2.</p>	<p>Homework in Sports Studies is set no more than once a week.</p>

Assessment	
Year 10	Year 11
<p>R051: The contemporary issues in sport unit is a 1 hour written paper (OCR set and marked) worth 60 marks (60UMS).</p> <p>R052: The Developing Sports Skills unit is centre assessed and OCR moderated coursework. This will be worth 60 marks (60 UMS).</p>	<p>R053: The Sports Leadership unit is centre assessed and OCR moderated coursework. This is worth 60 marks (60 UMS).</p> <p>R056: The Developing Knowledge and Skills in Outdoor Activities unit is centre assessed and OCR moderated coursework. This is also worth 60 marks (60 UMS).</p> <p>When all four units are completed the marks are collated from the units and scored out of 240 marks. An average grade is taken from all four units.</p>

How can parents and carers help?

Year 10

Students need to practise their practical skills, techniques and tactics in an individual and team sport. Please encourage them to join a team and regularly play the sports they are being assessed in.

Students will also be given revision materials that they need to learn off by heart, please help test them on this.

Year 11

Students need to practise their leadership skills, techniques and tactics in an individual or team sport. Please encourage them to join a team and regularly play the sports they are being assessed in. Students could also be encouraged to gain leadership/volunteer experience in their spare time.

Parents could also help by testing them on the rules of their chosen sport that they are leading.

Students need to practise their practical skills in two outdoor activities. Please encourage them to join in with the outdoor activities that they are being assessed in to develop their knowledge, skills and understanding further.