

Week 1 Menu - Monday (Eastern Theme)

Main Meal: Chicken Tikka Masala served with rice and naan bread (M, G)

Veggie Option: Quorn Tikka Masala served with rice and naan bread (M, G, V)

Dessert: Chocolate orange cookie (G, E, D, V)

Allergens
E- Egg
F- Fish
D- Dairy
M- Mustard
S- Soya
SD- Sulphur Dioxide
V - Vegetarian

Available every day

Soup and a sandwich (selection of sandwiches with or without salad) (G, D, V options)
Jacket potato with cheese, beans or both (not every day – as advertised) (D, V)
Fruit or Fruit pot
A selection of biscuits (G, D, V)

All main meals served with a portion of vegetables to promote healthy plate regulations.

Halal option available every day

Week 1 Menu - Tuesday (European Theme)

Main Meal: Meatball pasta bake (G, D)

Veggie Option: Macaroni Cheese served with garlic bread (G, D, M, V)

Dessert: Treacle sponge and custard (G, D, E, V)

Allergens
E- Egg
F- Fish
D- Dairy
M- Mustard
S- Soya
SD- Sulphur Dioxide
V - Vegetarian

Available every day

Soup and a sandwich (selection of sandwiches with or without salad) (G, D, V options)
Jacket potato with cheese, beans or both (not every day – as advertised) (D, V)
Fruit or Fruit pot
A selection of biscuits (G, D, V)

All main meals served with a portion of vegetables to promote healthy plate regulations.

Halal option available every day

Week 1 Menu - Wednesday (British Theme)

Main Meal: Roast Pork served with Yorkshire pudding, roast potatoes and gravy (G, D)

Veggie Option: Vegetable tart with Yorkshire pudding, roast potatoes and gravy (G, D, V)

Dessert: Cornflake tart and pink custard (G, D, V)

Allergens
E- Egg
F- Fish
D- Dairy
M- Mustard
S- Soya
SD- Sulphur Dioxide
V - Vegetarian

Available every day

Soup and a sandwich (selection of sandwiches with or without salad) (G, D, V options)
Jacket potato with cheese, beans or both (not every day – as advertised) (D, V)
Fruit or Fruit pot
A selection of biscuits (G, D, V)

All main meals served with a portion of vegetables to promote healthy plate regulations.

Halal option available every day

Week 1 Menu - Thursday (American Theme)

Main Meal: Chicken Burger with rosti potatoes (G)

Veggie Option: Buttermilk Quorn burger with rosti potatoes (G, V)

Dessert: Jam square (G, D, V)

Allergens
E- Egg
F- Fish
D- Dairy
M- Mustard
S- Soya
SD- Sulphur Dioxide
V - Vegetarian

Available every day

Soup and a sandwich (selection of sandwiches with or without salad) (G, D, V options)
Jacket potato with cheese, beans or both (not every day – as advertised) (D, V)
Fruit or Fruit pot
A selection of biscuits (G, D, V)

All main meals served with a portion of vegetables to promote healthy plate regulations.

Halal option available every day

Week 1 Menu - Friday (Northern Theme)

Main Meal: Cod bites or popcorn chicken served with chips (G, F, D)

Veggie Option: Quorn Sausages served with chips (G, V) OR a plate of chips

Sauce: Curry or Gravy (G, M, S, SD, V)

Dessert: Chocolate Brownie (G, E, D, V)

Allergens
E- Egg
F- Fish
D- Dairy
M- Mustard
S- Soya
SD- Sulphur Dioxide
V - Vegetarian

Available every day

Soup and a sandwich (selection of sandwiches with or without salad) (G, D, V options)
Jacket potato with cheese, beans or both (not every day – as advertised) (D, V)
Fruit or Fruit pot
A selection of biscuits (G, D, V)

All main meals served with a portion of vegetables to promote healthy plate regulations.

Halal option available every day

Light bites - subject to change

Sandwiches

Cheese, cheese salad, ham, ham salad,
tuna, tuna salad.

Other fillings may be available on
certain days.

Allergens
E- Egg
F- Fish
D- Dairy
M- Mustard
S- Soya
SD- Sulphur Dioxide
V - Vegetarian

Light bites - subject to change

Sandwiches

Cheese, cheese salad, ham, ham salad,
tuna, tuna salad.

Other fillings may be available on
certain days.

Jacket potatoes

Served with beans and cheese.

Other fillings may be available
on certain days.

Allergens
E- Egg
F- Fish
D- Dairy
M- Mustard
S- Soya
SD- Sulphur Dioxide
V - Vegetarian



Week 2 Menu - Monday (Eastern Theme)

Main Meal: Chicken Korma served with rice and naan bread (G, D)

Veggie Option: Vegetable stir fry with noodles (G, V)

Dessert: Raisin Oaty Cookie (G, D, V)

Allergens
E- Egg
F- Fish
D- Dairy
M- Mustard
S- Soya
SD- Sulphur Dioxide
V - Vegetarian

Available every day

Soup and a sandwich (selection of sandwiches with or without salad) (G, D, V options)
Jacket potato with cheese, beans or both (not every day – as advertised) (D, V)
Fruit or Fruit pot
A selection of biscuits (G, D, V)

All main meals served with a portion of vegetables to promote healthy plate regulations.

Halal option available every day

Week 2 Menu - Tuesday (European Theme)

Main Meal: Smoky Pepperoni pasta bake
(G, D)

Veggie Option: Tomato and mozzarella
pasta bake with garlic bread (G, D, V)

Dessert: Jam Sponge and custard (G, D,
E, V)

Allergens
E- Egg
F- Fish
D- Dairy
M- Mustard
S- Soya
SD- Sulphur Dioxide
V - Vegetarian

Available every day

Soup and a sandwich (selection of sandwiches with or without salad) (G, D, V options)
Jacket potato with cheese, beans or both (not every day – as advertised) (D, V)
Fruit or Fruit pot
A selection of biscuits (G, D, V)

All main meals served with a portion of vegetables to promote healthy plate regulations.

Halal option available every day

Week 2 Menu - Wednesday (British Theme)

Main Meal: Roast Turkey served with Yorkshire pudding, roast potatoes and gravy (G, D)

Veggie Option: Quorn Fillet served with Yorkshire pudding, roast potatoes and gravy (G, D, V)

Dessert: Raspberry and white chocolate cupcake (G, E, D, V)

Allergens
E- Egg
F- Fish
D- Dairy
M- Mustard
S- Soya
SD- Sulphur Dioxide
V - Vegetarian

Available every day

Soup and a sandwich (selection of sandwiches with or without salad) (G, D, V options)
Jacket potato with cheese, beans or both (not every day – as advertised) (D, V)
Fruit or Fruit pot
A selection of biscuits (G, D, V)

All main meals served with a portion of vegetables to promote healthy plate regulations.

Halal option available every day

Week 2 Menu - Thursday (American Theme)

Main Meal: Beef Burger served with herby diced potatoes and homemade slaw (G, D, E)

Veggie Option: Veggie mince chilli-con-carne served with rice (G, V)

Dessert: Chocolate sponge and chocolate sauce (G, E, D, V)

Allergens
E- Egg
F- Fish
D- Dairy
M- Mustard
S- Soya
SD- Sulphur Dioxide
V - Vegetarian

Available every day

Soup and a sandwich (selection of sandwiches with or without salad) (G, D, V options)
Jacket potato with cheese, beans or both (not every day – as advertised) (D, V)
Fruit or Fruit pot
A selection of biscuits (G, D, V)

All main meals served with a portion of vegetables to promote healthy plate regulations.

Halal option available every day

Week 1 Menu - Friday (Northern Theme)

Main Meal: Crispy battered fish or Popcorn chicken served with chips (G, F)

Veggie Option: Mixed bean burrito served chips (G, E, D, V) OR a plate of chips

Sauce: Curry or Gravy (G, M, S, SD, V)

Dessert: Ice Cream (D, V)

Allergens
E- Egg
F- Fish
D- Dairy
M- Mustard
S- Soya
SD- Sulphur Dioxide
V - Vegetarian

Available every day

Soup and a sandwich (selection of sandwiches with or without salad) (G, D, V options)
Jacket potato with cheese, beans or both (not every day – as advertised) (D, V)
Fruit or Fruit pot
A selection of biscuits (G, D, V)

All main meals served with a portion of vegetables to promote healthy plate regulations.

Halal option available every day

Light bites - subject to change

Sandwiches

Cheese, cheese salad, ham, ham salad,
tuna, tuna salad.

Other fillings may be available on
certain days.

Allergens
E- Egg
F- Fish
D- Dairy
M- Mustard
S- Soya
SD- Sulphur Dioxide
V - Vegetarian

Light bites - subject to change

Sandwiches

Cheese, cheese salad, ham, ham salad,
tuna, tuna salad.

Other fillings may be available on
certain days.

Jacket potatoes

Served with beans and cheese.

Other fillings may be available
on certain days.

Allergens
E- Egg
F- Fish
D- Dairy
M- Mustard
S- Soya
SD- Sulphur Dioxide
V - Vegetarian



Week 3 Menu - Monday (Eastern Theme)

Main Meal: Chinese Chicken Curry with rice and naan bread (G, D)

Veggie Option: Sweet and sour quorn pieces with rice (G, V)

Dessert: Carrot Cake (G, E, D, V)

Allergens
E- Egg
F- Fish
D- Dairy
M- Mustard
S- Soya
SD- Sulphur Dioxide
V - Vegetarian

Available every day

Soup and a sandwich (selection of sandwiches with or without salad) (G, D, V options)
Jacket potato with cheese, beans or both (not every day – as advertised) (D, V)
Fruit or Fruit pot
A selection of biscuits (G, D, V)

All main meals served with a portion of vegetables to promote healthy plate regulations.

Halal option available every day

Week 3 Menu - Tuesday (European Theme)

Main Meal: Spanish Chicken Pasta Bake (G, V)

Veggie Option: Tomato and Mascarpone pasta bake with garlic bread (G, D, V)

Dessert: Lemon Sponge and custard (G, D, E, V)

Allergens
E- Egg
F- Fish
D- Dairy
M- Mustard
S- Soya
SD- Sulphur Dioxide
V - Vegetarian

Available every day

Soup and a sandwich (selection of sandwiches with or without salad) (G, D, V options)
Jacket potato with cheese, beans or both (not every day – as advertised) (D, V)
Fruit or Fruit pot
A selection of biscuits (G, D, V)

All main meals served with a portion of vegetables to promote healthy plate regulations.

Halal option available every day

Week 3 Menu - Wednesday (British Theme)

Main Meal: Roast Beef served with Yorkshire pudding, roast potatoes and gravy (G, D)

Veggie Option: Cheese and onion pie served with Yorkshire pudding, roast potatoes and gravy (G, E, D, V)

Dessert: Peach crumble and custard (G, D, V)

Allergens
E- Egg
F- Fish
D- Dairy
M- Mustard
S- Soya
SD- Sulphur Dioxide
V - Vegetarian

Available every day

Soup and a sandwich (selection of sandwiches with or without salad) (G, D, V options)

Jacket potato with cheese, beans or both (not every day – as advertised) (D, V)

Fruit or Fruit pot

A selection of biscuits (G, D, V)

All main meals served with a portion of vegetables to promote healthy plate regulations.

Halal option available every day

Week 3 Menu - Thursday (American Theme)

Main Meal: Hot dog served with potato wedges, crispy onions and ketchup (G)

Veggie Option: BBQ Vegetable Fajitas served with potato wedges (G, V)

Dessert: Jelly

Allergens
E- Egg
F- Fish
D- Dairy
M- Mustard
S- Soya
SD- Sulphur Dioxide
V - Vegetarian

Available every day

Soup and a sandwich (selection of sandwiches with or without salad) (G, D, V options)
Jacket potato with cheese, beans or both (not every day – as advertised) (D, V)
Fruit or Fruit pot
A selection of biscuits (G, D, V)

All main meals served with a portion of vegetables to promote healthy plate regulations.

Halal option available every day

Week 1 Menu - Friday (Northern Theme)

Main Meal: Fishfingers or Popcorn chicken served with chips (G, F)

Veggie Option: Loaded veggie pizza served with chips (G, D, V) OR a plate of chips

Sauce: Curry or Gravy (G, M, S, SD, V)

Dessert: Rocky Road (G, D, V)

Allergens
E- Egg
F- Fish
D- Dairy
M- Mustard
S- Soya
SD- Sulphur Dioxide
V - Vegetarian

Available every day

Soup and a sandwich (selection of sandwiches with or without salad) (G, D, V options)
Jacket potato with cheese, beans or both (not every day – as advertised) (D, V)
Fruit or Fruit pot
A selection of biscuits (G, D, V)

All main meals served with a portion of vegetables to promote healthy plate regulations.

Halal option available every day

Light bites - subject to change

Sandwiches

Cheese, cheese salad, ham, ham salad,
tuna, tuna salad.

Other fillings may be available on
certain days.

Allergens
E- Egg
F- Fish
D- Dairy
M- Mustard
S- Soya
SD- Sulphur Dioxide
V - Vegetarian

Light bites - subject to change

Sandwiches

Cheese, cheese salad, ham, ham salad,
tuna, tuna salad.

Other fillings may be available on
certain days.

Jacket potatoes

Served with beans and cheese.

Other fillings may be available
on certain days.

Allergens
E- Egg
F- Fish
D- Dairy
M- Mustard
S- Soya
SD- Sulphur Dioxide
V - Vegetarian

